Scientific publications					
	scientific evidence/year	carried out:	head of the study	proof	<u>result</u>
1	1999 First scientific study of the therapeutic applicability of MR-signals to cartilage structures in vivo	 - German University for Sports and Rehabilitation in Cologne - University Munich: "Clinic Grosshadern" department for diagnostic radiology - University Munich: Anatomic Institute 	Prof. Ingo Froböse	MRI before and 10 weeks after treatment	Regeneration of cartilage structures were evident Increase of volume up to 30%
2	2005 NMR In Vitro Effects on Proliferation, Apoptosis and Viability of Human Chrondocytes and Osteoblasts	Laboratory for Medical and Molecular Biology, Aachen - University of Applied Sciences		cell count	Chondrocytes: 271% above Placebo Osteoblasts: 290% above Placebo
3	2008 Functional improvement in finger joint osteoarthritis with therapeutic use of NMR	- Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation (non profit research institute, Austria)	Univ. Doz. Dr. W. Kullich	QUABA score and VAS (visual analog scale)	- Physical function of the hand p < 0,00001 - reduction of peak, burden and resting pain p < 0,000001
4	2006 The effect of MBST-NuclearResonanceTherapy on patients with low back pain	Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation (non profit research institute, Austria)	Univ. Doz. Dr. W. Kullich	VAS (visual analog scale) Roland-Morris and Owestry questionnaire	p < 0,00001 significant improvement in the MBST-group, peak, mean and resting pain and level of disability (24 questions)
5	2013 One-year-survey with multicenter (61) data of more than 4,500 patients with degenerative rheumatic diseases treated with therapeutic nuclear magnetic resonance (knee, hip, ankle joint and low back pain)	Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation (non profit research institute, Austria)	Univ. Doz. Dr. W. Kullich	VAS (visual analog scale) Lequesne, Mazur and Owestry questionnaire	p < 0,00001 significant reduction of peak, burden and resting pain
6	2011 Analysis of the Long-Term Effect of the MBST Nuclear Magnetic Resonance Therapy on Gonarthrosis	Analysis of the Long-Term Effect of the MBST Nuclear Magnetic Resonance Therapy on Gonarthrosis	Prof. Dr. med. Walter van Laack	Anonymized patient questionnaire, Lequesne index	sustained improvement in the patients health status with a significant pain relief even after 4 years
7	2014 Non-pharmacological treatment of osteoporosis with Nuclear Magnetic Resonance Therapy (NMR-Therapy)	Prof. Dalibor Krpan, Dr. Barbara Stritzinger, Ivan Lukenda Dr. Joachim Overbeck, Univ. Doz. Dr. W. Kullich	Prof. Dalibor Krpan	T-scores (DEXA), laboratory measurement of osteocalcin and Beta Crosslaps	BMD and serum levels of osteocalcin increased significantly (p < 0,001) from baseline to 12 months ß-CTX (Beta Crosslaps) remained stable







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Scientific publications

- More than 100 expert publications
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Scientific publications – Selected studies

- 1. First scientific study of the therapeutic applicability of MR-signals to cartilage structures in vivo Carried out 1999 by:
 - German University for Sports and Rehabilitation in Cologne
 - University Munich: "Clinic Grosshadern" department for diagnostic radiology
 - University Munich: Anatomic Institute

Head of the study: Prof. Ingo Froboese

Result: Regeneration of cartilage structures were evident Increase of volume up to 30%

Proof: MRI before and 10 weeks after treatment



Scientific publications – Selected studies

- 2. NMR *In Vitro* Effects on Proliferation, Apoptosis and Viability of Human Chrondocytes and Osteoblasts Carried out 2005 by:
 - Laboratory for Medical and Molecular Biology, Aachen University of Applied Sciences
 - controlled, double-blind and randomized

Results: treatment did not induce apoptosis or inhibit cell viability but revealed a tendency of an elevated cell proliferation rate

- Chrondrocytes: 271% above placebo

- Osteoblasts: 290% above placebo

Proof: cell count



Scientific publications – Selected studies

- 3. Functional improvement in finger joint osteoarthritis with therapeutic use of NMR Carried out 2008 by:
 - Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation (non profit research institute, Austria)
 - placebo controlled, randomized and double-blind

Head of the study: Univ. Doz. Dr. W. Kullich

Results: significant (p < 0,00001) improvement in the physical function of the hand as well as reduction of peak, burden and resting pain (p < 0,000001)

Proof: QUABA score and VAS (visual analog scale)



MedTec Medizintechnik Scientific publications – Selected studies

4. The effect of MBST-NuclearResonanceTherapy on patients with low back pain

Carried out 2006 by:

- Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation (non profit research institute, Austria)
- placebo controlled, randomized and double-blind

Head of the study: Univ. Doz. Dr. W. Kullich

Results: significant (p < 0,00001) improvement in the MBST-group, peak, mean and resting pain and level of disability (24 questions)

Proof: VAS (visual analog scale), Roland-Morris and Owestry questionnaire



Scientific publications – Selected studies

5. One-year-survey with multicenter (61) data of more than 4,500 patients with degenerative rheumatic diseases treated with therapeutic nuclear magnetic resonance (knee, hip, ankle joint and low back pain)

Carried out 2013 by:

- Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation (non profit research institute, Austria)

Head of the study: Univ. Doz. Dr. W. Kullich

Results: significant (p < 0,00001) reduction of peak, burden and resting pain

Proof: VAS (visual analog scale), Lequesne, Mazur and Owestry questionnaire



Scientific publications – Selected studies

6. Analysis of the Long-Term Effect of the MBST Nuclear Magnetic Resonance Therapy on Gonarthrosis

Carried out 2011 by:

- Institute of Bio-Engineering for Biomechanics, Laboratory of Biomechanics, Aachen University

Head of the study: Prof. Dr. med. Walter van Laack

Results: sustained improvement in the patients health status with a significant pain relief even after 4 years

Proof: Anonymized patient questionnaire, Lequesne index



Scientific publications – Selected studies

7. Non-pharmacological treatment of osteoporosis with Nuclear Magnetic Resonance Therapy (NMR-Therapy)

Carried out 2014 by:

- Prof. Dalibor Krpan, Dr. Barbara Stritzinger, Ivan Lukenda Dr. Joachim Overbeck, Univ. Doz. Dr. W. Kullich

Head of the study: Prof. Dalibor Krpan

Results: BMD and serum levels of osteocalcin increased significantly (p < 0,001) from baseline to 12 months ß-CTX (Beta Crosslaps) remained stable

Proof: T-scores (DEXA), laboratory measurement of osteocalcin and Beta Crosslaps



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- Medical information - MBST®-MagneticResonanceTreatment

- Professional publications, studies
- Articles in specialized media
- Published scientific lectures and posters
- Specialised book publications
- Expertise

Status: February 2016

<u>2016:</u>

1) Therapeutic Application of Magnetic Resonance in Osteoporosis

Kullich, W.¹, Lukenda, I.², Stritzinger, B.¹, Overbeck, J.², Krpan, D.², ¹Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Ludwig Boltzmann Department for Rehabilitation, Saalfelden, Austria, ²Poliklinik K-CENTAR, Zagreb, Croatia, ³Private Consultant Surgeon, Deggendorf, Germany; published in: Ber. nat.-med. Ver. Salzburg, Vol. 18, p. 7-17, Salzburg 2016.

Language: German

2015:

2) Effects of MagneticResonanceTreatment on the dynamics of liver regeneration
Inaugural Dissertation for Gaining the 'Doctor Medicinae' from the Medical Faculty of the
Westphalian Wilhelms University of Muenster. Budny, N., University Hospital of Muenster,
Department of General and Visceral Surgery, Surgical Research Department, Muenster, Germany;
October 2015.

3) Modulation of NF-kB activity by the therapeutic Nuclear Magnetic Resonance (NMR) to explain pain reduction in patients with osteoarthritis

B. Steinecker-Frohnwieser¹, W. Kullich¹, A. Mann², B. Stritzinger¹, H. G. Kress², L. Weigl², ¹Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, LBI for Rehabilitation of Internal Diseases Saalfelden, Austria, ²Department of Special Anaesthesia and Pain Therapy, Medical University Vienna, Austria; poster presentation at the International Pain Congress of the European Pain Federation EFIC, Vienna, Austria, 2nd-5th September 2015.

- Non-pharmacological treatment of osteoporosis with Nuclear Magnetic Resonance Therapy (NMR-Therapy)
- Dalibor Krpan¹, Barbara Stritzinger², Ivan Lukenda¹, Joakim Overbeck^{3,1}, Werner Kullich², ¹Poliklinika K-CENTAR, Zagreb, Croatia, ²Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Department for Rehabilitation, Saalfelden, Austria, ³Private Consultant Surgeon, Deggendorf, Germany; published in: PERIODICUM BIOLOGORUM VOL. 117, No. 1, 161–165, 2015.
 - 5) A new concept of integrated holistic approach in treatment of chronic musculoskeletal diseases The "BAR" method

.



Prof. Dr. sc. Dalibor Krpan, Polyclinic K-CENTAR, Zagreb, Croatia; published in: PERIODICUM BIOLOGORUM VOL. 117, No 1, 119–124, 2015.

6) Effects of Therapeutic-NMR (MBST-Nuclear Magnetic Resonance) on the Circadian Clock and the Hypoxic Signaling Pathway in Zebrafish Cells

R. Oliva, Master thesis for the acquisition of the academic degree Master of Science (MSc), Faculty of Biology, Department of Ecophysiology, Leopold Franzens University of Innsbruck, Innsbruck, Austria.

2014:

1) Nuclear magnetic resonance treatment (MBST®) of clinical symptoms caused by osteoarthritis: a double-blinded placebo-controlled study in dogs

M.C. Mueller, K. Wittek, B. A. Bockstahler, Department for Small Animals and Horses, Small Animal Surgery, Section for Physical Therapy and Rehabilitation, University of Veterinary Medicine Vienna, Austria; poster presentation at the International Symposium in Animal Musculoskeletal Practice, Coventry, England, 29.-30. November 2014.

2) The Influence of Nuclear Magnetic Resonance Therapy (NMRT) and Interleukin IL1-β Stimulation on Cal 78 Chondrosarcoma Cells and C28/I2 Chondrocytes

B. Steinecker-Frohnwieser, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; scientific lecture at the Scientific Symposium: Microbiome Research / Personalized Medicine, Graz, Austria, 17th – 18th July 2014.*

3) MBST - Nuclear Magnetic Resonance Therapy, the new opportunity in the treatment of chronic skeleton diseases and sport injuries

D. Krpan, Policlinica K-Centar, Zagreb, Croatia; lecture at the Russian Slovenian scientific meeting, Terme Olimia, Slovenia, June 2014.

4) New active principle: Therapy with nuclear magnetic resonance

W. Kullich; Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; scientific lecture at the "Special pain therapy" course, Pain diploma of the Austrian Medical Chamber, Leogang, Austria, 19th June 2014.* Language: German

5) The Influence of Nuclear Magnetic Resonance Therapy (NMRT) and Interleukin IL1-β Stimulation on Cal 78 Chondrosarcoma Cells and C28/I2 Chondrocytes

B. Steinecker-Frohnwieser¹, L. Weigl², G. Weberhofer², W. Kullich¹, H.G. Kress²; ¹Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; ²Department of Special Anaesthesia and Pain Management, Medical University Vienna, Austria; published in: J Orthopedics Rheumatology, 2014; 1(3):9.

6) Application of Nuclear Magnetic Resonance Therapy as treatment of degenerative diseases of locomotor system

I. Mařík, A. Maříková, R. Myslivec; Ambulantní centrum pro vady pohybového aparátu s.r.o, Prague, Czech Republic; scientific lecture at the 19th Kubat's Podiatric day, 08th or March 2014, Prague. Language: Czech



7) Top 100 2014: Innovation Aces: Ranga Yogeshwar introduces Germany's innovation elite Bantle, F.; Blath, M.; Borges, H.; Goebel, B.; Hess, D.; Heubeck, R.; Olschner, S.; Pesch, U.; Rauch, S.; Weiand-Schütt, R.; Redline Verlag, Munich 2014, p. 100-103.

<u>2013:</u>

- 1) Clinical Efficiency of Nuclear Magnetic Resonance Therapy in Osteoarthritis
 W. Kullich, B. Stritzinger, B. Steinecker, Ludwig Boltzmann Institute for Rehabilibation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; poster presentation at the First LBG Meeting for Health Science, Vienna, Austria, 2nd December 2013.*
- Long-term efficacy of Nuclear Magnetic Resonance Therapy on Osteoarthritis proved by multicentric data of more than 4,500 patients
- W. Kullich, B. Stritzinger, B. Steinecker, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden; Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; Poster presentation at the first LBG meeting for Health Sciences 2013, 2nd December 2013, Vienna. Language: German
 - Long-term efficacy of Nuclear Magnetic Resonance Therapy on osteoarthritis proven by multicentric data of more than 4,500 patients
 - B. Stritzinger, B. Steinecker, W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden; Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; published in: Journal für Mineralstoffwechsel 2013; 20(4):159.

 Language: German
 - 4) Intracellular Calcium Is Influenced by Nuclear Magnetic Resonance Therapy (NMRT) in Cal-78 Chondrosarcoma Cells
 - B. Steinecker-Frohnwieser¹, L. G. Weigel², H. G. Kress², W. Kullich^{1,3}, ¹Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden; ²Department of Special Anesthesia and Pain Management, Medical University of Vienna; ³Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; scientific lecture at the annual meeting of the ÖGR 2013; published in: Journal für Mineralstoffwechsel, Volume 20 2013, Number 4, pp. 161-162.
 - 5) Innovative medical technology Made in Germany
 A. Muntermann, A. Oelsner, MedTec Medizintechnik GmbH, Wetzlar, Germany; scientific lecture at the Dr. Sulaiman Al Habib Hospital, Riyadh, Saudi Arabia, 26th November 2013.*
 - 6) MBST-Nuclear Magnetic Resonance Therapy innovative medical technology made in Germany
 A. Muntermann, A. Oelsner, MedTec Medizintechnik GmbH, Wetzlar, Germany; scientific lecture at the
 National Guard Hospital, Riyadh, Saudi Arabia, 27th November 2013.*
 - 7) Innovative medical technology Made in Germany
 A. Muntermann, A. Oelsner, MedTec Medizintechnik GmbH, Wetzlar, Germany; scientific lecture at the Saad Specialist Hospital, Dammam, Saudi Arabia, 28th November 2013.*
 - 8) MBST Nuclear Magnetic Resonance Therapy, the new opportunity in the treatment of chronic skeleton diseases and sport injuries
 D. Krpan, Policlinica K-Centar, Zagreb, Croatia; lecture at the scientific meeting, Bucharest, Romania, September 2013.



9) NUCLEAR MAGNETIC RESONANCE THERAPY. A SHORT ANALYSIS OF THE SCIENTIFIC STUDIES FOCUSED ON THE SPINE

Assoc. Professor Ivo Mařík, Md, PhD Ambulant Centre for defects of Locomotor apparatus, l. l. c., Prague, Czech Republic, M. Schmitz, A. Oelsner, MedTec Medizintechnik GmbH, Wetzlar; scientific lecture at the THE 15TH PRAGUE-LUBLIN-SYDNEY SYMPOSIUM, Children's Rehabilitation Center of Orthopaedics and Traumatology "Ogonyok, St. Petersburg, Russia, 15th – 22nd September 2013.

10) Long-term reduction of pain in different types of Osteoarthritis after the treatment with nuclear magnetic resonance

W. Kullich, B. Steinecker, J. Overbeck, Ludwig Boltzmann Cluster for Rheumatology, Balneology, and Rehabilitation, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden, Austria; private consultant surgeon, Deggendorf, Germany; published in: Schmerznachrichten 4 / 2013, pp. 20-23. Language: German

11) MBST - Nuclear Magnetic Resonance Therapy on Gonarthrosis, Long-Term Effects

W. van Laack, University of Applied Science Aachen, Germany; abstract in the congress catalogue of the "Safety and Security", Innovation Alliance of North-Rhine Westphalia Universities, Brussels, Belgium, 18th June 2013.

12) MBST - Analysis of the scientific studies and its relevance to the daily application

J. G. Overbeck, Private Consultant, Deggendorf, Germany; scientific lecture at the Park Hotel, New Delhi, India, 7th June 2013.

13) MBST – Nuclear Magnetic Resonance Therapy, Analysis of the Scientific Studies and its Relevance to the Daily Application

J. G. Overbeck, Private Consultant, Deggendorf, Germany; scientific lecture at the East Delhi Gynae Forum, Delhi, India, 7th June 2013.

14) Magnetic resonance therapy

J. G. Overbeck, Private Consultant, Deggendorf; scientific lecture at the 32nd Annual Conference of North Zone Chapter of The Indian Orthopaedic Association, Srinagar, Indian, 1st June 2013.*

15) Therapy with Magnetic Resonance – Sustainable Improvement of Osteoarthritis Pain (Multicentric Observational Study on 4.518 patients)

W. Kullich, B. Steinecker, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden, Austria, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; published in: "Dream and Reality. Pain Therapy in the Conflict between Ethics and Economy", ÖSG lectures, Leykam book publisher, 2013:43-44. Language: German

16) Therapy with Magnetic Resonance – Sustainable Improvement of Osteoarthritis Pain (Multicentric Observational Study on 4.518 patients)

W. Kullich, B. Steinecker, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden, Austria, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation; scientific poster presentation at the 21st Scientific Conference of the Austrian Pain Society, winner of the 1st prize for the poster presentation, Klagenfurth, Austria, 9th – 11th May 2013. Language: German

17) Multicentric data from more than 4.500 patients with degenerative rheumatic diseases proof sustainable effect of Magnetic Resonance Therapy

W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; scientific poster presentation at the 61st Annual Conference of the South German Orthopaedists and Orthopaedic Surgeons, 1st – 4th May 2013, Baden-Baden, Germany, poster no. p32. Language: German



18) Multicentric data from more than 4.500 patients with degenerative rheumatic diseases proof sustainable effect of Magnetic Resonance Therapy

W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; published in the Special Edition of the Journal für Orthopädie und unfallchirurgische Praxis (abstracts VSOU), Deutscher Ärzteverlag, 2013:305-306. Language: German

19) Intracellular Calcium is influenced by the Nuclear Magnetic Resonance Therapy in Cal-78 chondrosarcoma cells

B. Steinecker-Frohnwieser¹, L. Weigl², W. Kullich¹; ¹Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; ²Department of Special Anesthesia and Pain Management, Medical University of Vienna, Austria; published in: Bone – Abstracts (ECTS 2013, Lisbon), 2013; 1:248.

20) Intracellular Calcium is influenced by the Nuclear Magnetic Resonance Therapy in Cal-78 chondrosarcoma cells

B. Steinecker-Frohnwieser¹, L. Weigl², W. Kullich¹; ¹Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; ²Department of Special Anesthesia and Pain Management, Medical University of Vienna, Austria; scientific lecture at the ECTS 2013, Lisbon, 18th-21st May 2013.*

21) Functional ability of skeleton and how we can improve it by MBST

D. Krpan, Policlinica K-Centar, Zagreb, Croatia; Croatian national congress of osteoporosis, Opatia, Croatia, April 2013.* Language: Croatian

22) (N)MRT – Nuclear Magnetic Resonance Therapy, Analysis of the Scientific Studies and its Relevance to Sport Injuries and its Ramifications

J. G. Overbeck, Private Consultant, Deggendorf, Germany; scientific lecture at the Connective Tissues in Sports Medicine, University of Ulm, Germany, 12th – 14th April 2013.*

23) One-year-survey with multicenter data of more than 4,500 patients with degenerative rheumatic diseases treated with therapeutic nuclear magnetic resonance

W. Kullich, J. Overbeck, H.U. Spiegel, Ludwig Boltzmann Cluster for Rheumatology, Balneology, and Rehabilitation, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden, Austria; private consultant surgeon, Deggendorf, Germany; Department Surgery Research, Clinic and Polyclinic for Primary Surgery and Visceral Surgery, University Hospital Muenster, Muenster, Germany; published in: Journal of Back and Musculoskeletal Rehabilitation 26 (2013) 93-104; DOI 10.3233/BMR 2012-00362, IOS Press.

2012:

1) MBST - Nuclear Magnetic Resonance Therapy, the new opportunity in the treatment of chronic skeleton diseases and sport injuries

D. Krpan, Policlinica K-Centar, Zagreb, Croatia; lecture on the symposium "The best practices in the health evaluation of elite athletes – post Olympic analyses", Belgrade, Serbia, October 2012.

2) Guide to naturopathic treatment for the doctors practice

Published by: André-Michael Beer, Martin Adler, Munich 2012, p. 296. Language: German



2011:

- Analysis of the Long-term Effect of the MBST® Nuclear Magnetic Resonance Therapy on Gonarthrosis
- W. van Laack, G. Froning, Institute for Bioengineering (IfB), Laborator of Biomechanics, FH Aachen, Campus Juelich, Orthopedic Practice and Center for ambulant arthroscopic surgery, Herzogenrath, Germany; published in: Orthopaedic Practice 47, 11, 2011, pp. 536-543.
 - 2) Impact of Magnetic Resonance Therapy on Sickness Absence of Patients with Nerve Root Irritation Following a Lumbar Disc Problem

G. Salomonowitz, H. Salfinger, J. Hahne, M. Friedrich, Technology of Radiology, University of applied Sciences-Campus Vienna, Austria; Orthopaedic Pain Therapy, Orthopaedic Hospital Speising, Vienna, Austria; CEOPS, Orthopaedic Spital Speising, Vienna, Austria; published in: Z Orthop Unfall 2011; 149(5): 575-581. (DOI: 10.1055/s-0031-1280121).

- 3) MBST The new treatment of osteoarthritis and osteoporosis

 D. Krpan, Policlinica K-Centar, Zagreb, Croatia; lecture at the ISCEM 2011 and the 5th Croatian congress of endocrinology with international participation, Pula, Croatia, October 2011.* Language: Croatian
- **4)** 30 years of Boltzmann Institute and 30th conference for rheumatism in Saalfelden W. Kullich, Ludwig-Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Institute for Rehabilitation of Internal Diseases, Saalfelden, Austria; published in: Jatros Orthopädie, 5/2011, p. 68. Language: German
- Therapeutic use of Nuclear Magnetic Resonance in different forms of osteoarthritis
 W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann
 Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; scientific lecture at the
 30th Rheumatologic Advanced Training Conference, Saalfelden, Austria, 17th-18th June 2011.*
 Language: German
- 6) Intracellular Ca²⁺-Regulation as potential contact point of the NMRT
 L. Weigl, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster

for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; scientific lecture at the 30th Rheumatologic Advanced Training Conference, Saalfelden, Austria, 17th-18th June 2011.* Language: German

7) Influence of Nuclear Magnetic Resonance on osteoarthritis-related factors

B. Steinecker-Frohnwieser, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; scientific lecture at the 30th Rheumatologic Advanced Training Conference, Saalfelden, Austria, 17th-18th June 2011.* Language: German

8) MBST - NUCLEAR MAGNETIC RESONANCE THERAPY THE NEW POSSIBILITY OF OSTEOARTHRITIS AND OSTEOPOROSIS TREATMENT

Prof. Dr. SC. Dalibor Krpan, Policlinica K-Centar, Zagreb; published in: Balneoclimatologia, Dijagnostica I Leĉenje Osteoporoze, May 2011, Vol. 35, pp. 61-66.

9) Nuclear magnetic resonance affects osteoarthritis pain

W. Kullich, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Institute for Rehabilitation of Internal Diseases, Saalfelden; scientific poster presentation at the 19th annual conference of the Austrian Pain Society, 26th-28th May 2011. Language: German



10) MBST – Nuclear Magentic Resonance Therapy. The new possibility of osteoarthritis and osteoporosis treatment

D. Krpan, Policlinica K-Centar, Zagreb, Croatia; lecture at the international symposium of osteoporosis, Niška Banja, Serbien, May 2011.* Language: Croatian

11) MBST - Treatment of chronic skeleton diseases

D. Krpan, Policlinica K-Centar, Zagreb, Croatia; lecture on the symposium "The new methods in the treatment of degenerative diseases", Ljubljana, Slowenia, April 2011.* Language: Croatian

12) Next Generation of Medical Technology: Therapeutic Effect of NMR-Therapy against Osteoarthritis proven

W. Kullich, LBI for Rehabilitation, Saalfelden, Austria; published in: Arab Health Magazine, No. 1, January 2011, p. 60-62.



2010:

- 1) Modulation of VEGF and Cytokines by Therapeutic Nuclear Magnetic Resonance
 B. Steinecker-Frohnwieser, L. Weigl, N. Fagerer, W. Kullich, H. G. Kress, Ludwig Boltzmann Institute,
 Department of Special Anaesthesia and Pain Therapy, Medical University of Vienna, Austria; published in: Journal für Mineralstoffwechsel 2010; 17 (4), p. 155.
- 2) MBST The new concept of the treatment of chronic skeleton diseases
 D. Krpan, Policlinica K-Centar, Zagreb, Croatia; lecture on the orthopedic days in Maribor, Slovenia,
 December 2010.* Language: Croatian
- 3) Modulation of VEGF and cytokines by the Therapeutic Nuclear Magnetic Resonance (Poster)
 B. Steinecker-Frohnwieser, L. Weigl, N. Fagerer, G. Weberhofer, W. Kullich, H.G. Kress, LBI for
 Rehabilitation, Saalfelden, Austria, Department of Special Anaesthesia and Pain Therapy, Medical
 University of Vienna, Austria; scientific lecture, Austrian Society of Rheumatology and Rehabilitation,
 Vienna, 25th 27th Nov. 2010.
- **4)** Breakthrough in Orthopaedics: Causal Solution to Osteo-Arthritis and Osteoporosis
 Arab Health 2010, Dubai; published in: Arab Health Magazine, Issue five, November 2010, pp. 28-29.
- **5)** World wide interest in new technology from Germany
 Arab Health 2010, Dubai; published in: Arab Health Magazine, Issue One, March 2010, p. 54.
- 6) Medical Progress in the treatment of arthritis
 W. Kullich, Ludwig Boltzmann Institute, Saalfelden, Austria; published in: Arab Health Magazine, Show Issue, January 2010, p. 40.

2009:

- 1) NFAT Modulation in Bone and Cartilage Cells by Therapeutic Nuclear Magnetic Resonance W. Kullich, L. Weigl, B. Steinecker, H.G. Kress; Ludwig Boltzmann Institute of Rehabilitation, Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; Medical University Vienna, Clinical Dept. of Special Anesthesia and Pain Management, Vienna, Austria; Ludwig Boltzmann Institute of Rehabilitation, Gröbming External Office, Gröbming, Austria; Medical University Vienna, Clinical Dept. of Special Anesthesia and Pain Management, Vienna, Austria; academic lecture and poster: German Orthopaedics and Trauma Surgery Conference, Berlin, 21st 24th October 2009.
- 2) Influence of NMR Therapy on Metabolism of Osteosarcoma- and Chondrosarcoma Cell Lines
 B. Steinecker-Frohnwieser, L. Weigl, C. Höller, E. Sipos, W. Kullich, H.G. Kress, LBI for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Department of Special Anesthesia and Pain Management, Medical University Vienna; published in: Bone Official Journal of the International Bone and Mineral Society, no. 44-2, 2009, p. 295.
- 3) Influence of NMR Therapy on Metabolism of Osteosarcoma- and Chondrosarcoma Cell Lines
 B. Steinecker-Frohnwieser, L. Weigl, C. Hölle, E. Sipos, W. Kullich, H.G. Kress, LBI for Rehabilitation of
 Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation,
 Saalfelden, Department of Special Anesthesia and Pain Management, Medical University Vienna, Austria;
 academic presentation at the 36th European Symposium on Calcified Tissues, ECTS Congress, Vienna,
 Austria, 23rd 27th May, 2009.



- **4)** From diagnostic equipment to therapeutic application W. Schwägerl; published in: Ärzte Woche, 7.5.2009, p. 22.
- 5) Does MBST® NMR Treatment Have any Influence on Post-Traumatic Gonarthrosis in Rabbits?
 Inaugural Dissertation for Gaining the 'Doctor Medicinae' from the Medical Faculty of the Westphalian Wilhelms University of Muenster. A 6-week experimental trial from the University Clinic of Muenster, Clinic and Outpatients' Dept. for Trauma, Hand and Reconstructive Surgery; director: Prof. Michael J. Raschke MD; presented by Thomas Brockamp, April 2009. Language: German
- 6) Influence of NMR Therapy on Ca2+ Signalling and Gene Expression in Osteosarcoma and Chondrosarcoma Cell Lines

Lukas G. Weigl, Bibiane Steinecker-Frohnwieser, Carmen Hoeller, Elisabeth Sipos, Hans Georg Kress, Werner Kullich, Department of Special Anaesthesia and Pain Management, Medical University Vienna, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, LBI for Rehabilitation of Internal Diseases, Saalfelden, Austria; Regional Biophysics Conference 2009, 10th - 14th February 2009 Linz, Austria.

- 7) Ameliorates Pain and Improves Function: Magnetic Resonance Treatment on Arthrosis Published in: Medical Tribune. Vol. 44, no. 1/2, 9.1.2009, p. 9. Language: German
- 8) Fit for sport: training, warming-up & healing Author: Prof. Dr. med. Reinhard Weinstabl, Vienna 2009.

2008:

- 1) The Influence of Magnetic Resonance on the NFAT Pathway in Osteosarcoma and Chondrosarcoma
 - B. Steinecker, L. Weigl, W. Kullich, H.G. Kress; scientific lecture at the Austrian Rheumatology Society Conference, Vienna, November 2008; published in: Zeitschrift für Mineralstoffwechsel, November 2008, p. 201. Language: German
- 2) Therapeutic Use of Magnetic Resonance in Arthrosis

W. Kullich, Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; Academic presentation at the German Orthopaedics and Trauma Surgery Congress, Berlin, October 2008. (Link to the text: http://www.egms.de/en/meetings/dkou2008/08dkou326.shtml).

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W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden, Austria; published in: Orthopädische Nachrichten, congress edition, German Orthopaedics and Trauma Surgery Congress, Berlin, p. 12, 22nd - 25th October 2008.

- 4) Treatment of Osteoporosis with Magnetic Resonance Therapy
 - T. Handschuh, C. Melzer, Waldkrankenhaus Bad Düben, Specialist Clinic for Orthopaedics, Bad Düben, Germany; published in: Orthodoc, pp. 1-4.
- 5) Improving Function in Cases of Finger Joint Arthrosis through Magnetic Resonance Treatment W. Kullich, M. Ausserwinkler; published in: Jatros Orthopädie, no. 4/2008, p. 29. Language: German
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- Functional Improvement in Finger Joint Arthrosis by Therapeutic Use of Magnetic Resonance W. Kullich, M. Ausserwinkler, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases; scientific poster presentation at the 56th Annual Convention of the Association of South German Orthopaedists, 1st 4th May 2008. Winner of a 'Poster Award' from the Association of South German Orthopaedists, Baden-Baden, Germany, 1st 4th May 2008.
- 8) Results of gene expression surveys under the influence of Nuclear Magnetic Resonance W. Kullich, B. Steinecker, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; lecture at MedTec Medizintechnik GmbH –presentation of study results, Wetzlar, Germany 10th April 2008.* Language: German
- 9) MBST-Therapy and its influence on the molecular physiology of osteocytes, chondrocytes and PC12 cells
 - B. Steinecker, W. Kullich, L. Weigl, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; lecture at MedTec Medizintechnik GmbH –presentation of study results, Wetzlar, Germany 10th April 2008.* Language: German
- 10) MBST Magnetic Resonance: Innovation in the Treatment of Ailments of the Locomotor System
 Published in: DOV Magazin, the magazine of the German Orthopaedists Society, issue May/June 2008,
 pp. 4 6. Language: German
- **11)** Functional Improvement in Finger Joint Arthrosis by Therapeutic Use of Magnetic Resonance W. Kullich, M. Außerwinkler, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Alzhofen, Austria; published in: Orthopädische Praxis 44, June 2008, pp. 287-290.

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- 1) Magnetic Resonance Therapy and Bone Health
 Joachim Overbeck MD, Deggendorf, Germany; scientific lecture at Kings College Hospital, Bone Health
 Group, London, UK, December 2007.
- 2) Chronic Joint Problems: Magnetic Resonance Pulse Therapeutically Used
 Dr. Peter Valentin MD, Trauma Surgery Centre, Klosterneuburg, Austria; published in: Ärztewoche,
 Austria, 13th December 2007, p. 14. Language: German
- **Application of Nuclear Magnetic Resonance on degenerative rheumatic diseases**W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; lecture at the 5th MBST user conference, Wetzlar, Germany, 24th November 2007.* Language: German
- Therapeutic use of Nuclear Magnetic Resonance in gonarthrosis, low back pain and finger polyarthritis

 W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; lecture at the "Evaluation and Research in Rehabilitation", Gröbming, Austria, 13th September 2007.* Language: German
- 5) Nuclear Magnetic Resonance in gonarthrosis therapy
 W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann



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 Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; lecture at the LBI cluster meeting, Bad Tatzmannsdorf, Austria, 22nd June 2007.* Language: German
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- 8) Nuclear Magnetic Resonance as a New Treatment Option for Osteoarthritis of the Knee
 N. Fagerer, W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden,
 Austria; published in: Arzt & Praxis, Vienna, no. 927, pp. 180-182, May 2007.
- 9) New methods of osteoarthritis treatment
 J. Josiliewicz, lecture at the Bengurion University of Negev, April 2007.* Language: German
- **10)** Decrease in Extracellular Collagen Crosslinking after NMR Field Application in Skin Fibroblasts I. Digel, E. Kurulgan, P. Linder, P. Kayser, D. Porst, G. J. Braem, K. Zerlin, G. M. Artmann, A. Temiz Artmann, University (FH) of Aachen, Jülich Campus, Centre of Bioengineering Excellence; published in: Journal of the International Federation for Medical and Biological Engineering, no. 1, January 2007, 45:91-97.
- 11) The One Stop Knee Shop A complete guide to knee fitness, prevention and health maintenance strategies, and medical and surgical care options
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1) Magnetic Radiation Can Regenerate Cartilage - MBST® Magnetic Resonance Therapy as a Useful Complement in Orthopaedics

W. Klapsch, Spittal, Austria; published in: Ärztewoche, Austria, 7th December 2006, p. 14. Language: German

2) Can the therapeutic use of Nuclear Magnetic Resonance extend the rehabilitation success in chronic lumbar syndrome?

W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; lecture at the 3rd MBST advanced training conference and user meeting, Wetzlar, Germany, 11th November 2006.*
Language: German

- The Effect of MBST® Nuclear Magnetic Resonance Therapy Using a Complex 3-Dimensional Electromagnetic Nuclear Resonance Field on Patients with Low Back Pain W. Kullich, H. Schwann, J. Walcher, K. Machreich, Ludwig Boltzmann Institute for Rehabilitation of internal Diseases, Rehabilitation Centre for Rheumatic and Cardiovascular Diseases, SKA of PVA, Saalfelden, Austria; published in: Journal of Back and Musculoskeletal Rehabilitation, 19 (2006), pp. 79-87.
- 4) Therapeutic use of Nuclear Magnetic Resonance



W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; lecture at the Jour fix, SKA of PVA Saaldfelden, Austria, 13th September 2006.* Language: German

- Additional Outcome Improvement in the Rehabilitation of Chronic Low Back Pain after Nuclear Resonance Therapy
- W. Kullich, H. Schwann, K. Machreich, M. Ausserwinkler, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden, Austria; published in: Rheumatologia, January 2006, pp. 7-12.
 - 6) Application of MBST-NuclearMagneticResonanceTherapy in rehabilitation
 W. Kullich, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Ludwig Boltzmann
 Cluster for Rheumatology, Balneology and Rehabilitation, Saalfelden, Austria; lecture at the first cluster symposium, Medical University Vienna, Austria, 30th May 2006.* Language: German
 - 7) Does Have Low-Energy NMR an Effect on Moderate Gonarthrosis?

 H. Jansen, T. Brockamp, JRJ Paletta, S. Ockamn, M.J. Raschke, RH Meffert, Department of Trauma, Hand and Reconstructive Surgery, University Hospital Muenster, Germany; scientific lecture and poster presentation at the 52nd Annual Meeting of the Orthopaedic Research Society, March 19th 22nd 2006, Chicago, IL. Congress catalogue: Abstract and poster no. 1542.
 - 8) Expertise. Evaluation of the Nuclear-Magnetic-Resonance-Therapy MBST in Respect to its Therapeutic Potentials

Prof. Dr. W. Dimpfel, Rudolf-Buchheim-Institute of Pharmacology, University of Gießen, Germany, March 2006.

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- 1) 1 Magnetic Resonance Therapy Improves Rehabilitation Success in Cases of Chronic Low Back Pain W. Kullich, N. Fagerer, K. Machreich, H. Schwann, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden, SKA of PVA, Saalfelden, Austria; scientific lecture at the Austrian Rheumatology and Rehabilitation Society Annual Conference, 25th 26th November 2005, Vienna; published in: Skriptum, pp. 11-12. Language: German
- Magnetic Resonance Therapy Improves Rehabilitation Success in Cases of Chronic Low Back Pain W. Kullich, N. Fagerer, K. Machreich, H. Schwann, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Saalfelden, SKA of PVA, Saalfelden, Austria; scientific lecture at the Austrian Rheumatology and Rehabilitation Society Annual Conference, 25th 26th November 2005, Vienna; published in: Journal für Mineralstoffwechsel, p. 125. Language: German
 - NMR In Vitro Effects on Proliferation, Apoptosis, and Viability of Human Chondrocytes and Osteoblasts
- A. Temiz-Artmann, Pt. Linder, P. Kayser, I. Digel, G.M. Artmann and P. Lücker, Laboratory for Medical and Molecular Biology, Aachen, University of Applied Sciences, Jülich, Prof. Dr. Lücker, Consulting GmbH, Grünstadt, Germany; published in: Methods and Findings Exp. Clin. Pharmacol. 2005, 27(5), 391-394.
 - 4) Prospective 1-Year Study into the Effectiveness of MBST® Nuclear Magnetic Resonance Therapy as Used in the Conservative Therapy of Gonarthrosis

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MagneticResonance



Accident Surgery Congress, 19th - 22nd October 2005, Berlin; published in: Congress catalogue, abstract, poster R2-446.

5) Expertise

Prof. Dr. P. Jacob, Expertise Department of Physics, University of Würzburg, Germany, May 2005.

6) MBST® Nuclear Magnetic Resonance Therapy Improves Rehabilitation Outcome in Patients with Low Back Pain

W. Kullich, H. Schwann, Ludwig Boltzmann Institute for Rehabilitation of Internal Diseases, Rehabilitation Centre for Rheumatic and Cardiovascular Diseases, SKA of PVA, Saalfelden, Austria; scientific lecture and poster presentation at the EULAR Congress in Vienna (Austria), June 8th - 11th 2005; published in: The EULAR Journal, Annals of rheumatic deseases, Annual European Congress of Rheumatology, 8th - 11th June 2005, p. 519, poster no. SAT0355.

7) MBST Nuclear Magnetic Resonance Therapy with activated coxarthrosis of a 14-year-old patient with cerebral palsy

W. Klapsch, Spittal, Austria; scientific lecture at the Austrian Orthopaedics Society Annual Conference, Innsbruck, 2005.

8) Stationary naturopathy, guide to clinic and rehabilitation Published by: André-Michael Beer, Munich, Jena 2005, p. 169.

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1) Clinical-pharmacologic expertise commissioned by the Investment Bank Hesse on the question of the effectiveness of the Nuclear Magnetic Resonance Therapy in different orthopedic indications Prof. Dr. med. P. Lücker, FACP, Doctor for Pharmacology/Toxicology, Doctor for Clinical Pharmacology, October 2004.

2003:

2) Prospective Investigation into the Effectiveness of MBST® Nuclear Magnetic Resonance Therapy in the Conservative Treatment of Gonarthrosis

Auerbach B., Melzer C.; Waldkrankenhaus Bad Düben, Specialist Hospital for Orthopaedics; scientific lecture at the German Congress of Orthopaedists, Berlin, Nov. 2003. Language: German

3) Prospective Investigation into the Effectiveness of MBST® Nuclear Magnetic Resonance Therapy (MBST) in the Treatment of Gonarthrosis

B. Auerbach, C. Melzer, Waldkrankenhaus Bad Düben, Germany. Language: German

4) Prospective Investigation in the Effectiveness of MBST^{*}-Nuclear Magnetic Resonance Therapy as Alternative non-Medical Treatment for Osteoporosis

W. Klapsch, KH Spital, Austria, 2003. Language: German

First scientific study of the therapeutic applicability of nuclear magnetic resonance signals (MBST°- NuclearMagneticResonanceTherapy) to cartilage structures in vivo
Froböse, MedTec Medizintechnik GmbH, 09/2003.

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J. Overbeck, Deggendorf, Germany, A. Urban, Worms, Germany, G. Gerhardt, Wendelsheim, Germany, ReAkive Treatment Center, Wetzlar, Germany, 2003.



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